

Access Points - Entry points to find and access local resources.

2-1-1 Virginia - 24/7 phone line to help you find local resources you need.  
call 211 - [211virginia.org](http://211virginia.org)

The Homeless Connection Line - Call if you are currently homeless or are within 3 days of losing your housing  
(804) 972-0813 - [homewardva.org/homeless-connection-line](http://homewardva.org/homeless-connection-line)

Empowernet Hotline - 24/7 assistance line for victims of domestic violence  
(804) 612-6126 - [empowernetva.org](http://empowernetva.org)

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

FeedMore Hunger Hotline - Find local emergency food resources  
(804) 521-2500 ext: 631 - [feedmore.org/agency-network/agency-locator](http://feedmore.org/agency-network/agency-locator)

Second Presbyterian Church  
5 North Fifth Street, Richmond, VA 23219  
(804) 649-9148 - [2presrichmond.org/urbanmissionpartners](http://2presrichmond.org/urbanmissionpartners)

Lunch  
Monday 11:30 am - 12:45pm

Richmond's First Baptist Church  
2709 Monument Ave, Richmond, VA 23220  
[fbcrichmond.org/service-missions/local/](http://fbcrichmond.org/service-missions/local/)

Hot Meal  
Sunday 5pm - 6pm

Food Pantry / Showers / Clothes  
Closet  
Monday and Thursday 11am - 2pm

**Basic Needs** - Basic needs such as food pantries, meals, showers, or clothing.

**Commonwealth Catholic Charities of Virginia** - housing/financial counseling; immigration services

1601 Rolling Hills Drive, Richmond, VA 23229

(804) 285-5900 - [cccofva.org](http://cccofva.org)

Food Pantry - once per 30 days

Tuesday / Wednesday /  
Thursday 9am - 12pm

Baby Clothes - 4x per year

Tuesday / Wednesday /  
Thursday 10am - 12pm

**St. Peter's Catholic Church**

800 East Grace Street, Richmond, VA 23218

(804) 643-4315 - [stpeterchurch1834.org](http://stpeterchurch1834.org)

Hot Meals

Tuesday 11:45am - 12:30pm,  
Wednesday 4:30pm - 6pm

Shower / Pantry

Tuesday 1pm - 3pm

**Oregon Hill Baptist Center**

400 S. Pine Street, Richmond, VA 23220

(804) 648-1353 - [richmondbaptist.org/oregon-hill](http://richmondbaptist.org/oregon-hill)

Bagged Lunch

Thursday 10am - 11am

**St. Paul's Episcopal Church**

815 E Grace St, Richmond, VA 23219

(804) 643-3589 - [stpaulsrva.org](http://stpaulsrva.org)

Bagged Lunch

Thursday 10:30am - 12pm

**Centenary United Methodist**

411 E Grace ST, Richmond, VA 23219

(804) 648-8319 - [centumc.org](http://centumc.org)

Bagged Lunch

Friday 11am - 12:30pm

**Basic Needs** - Basic needs such as food pantries, meals, showers, or clothing.

**Grace and Holy Trinity Episcopal Church**  
8 North Laurel Street, Richmond, VA 23220  
(804) 359-5628 - [ghtc.org](http://ghtc.org)

To Go Lunch  
Friday 12pm - 1pm

**St. Mark's Episcopal Church**  
520 North Arthur Ashe Boulevard, Richmond, VA 23220  
(804) 358-4771 - [stmarksrva.org](http://stmarksrva.org)

Food Pantry  
2nd and 4th Saturdays of the month, 9am - 10:30am

**Shepherd's Way Relief Center**  
400 East Main Street, Richmond, VA 23219  
(804) 562-7490 - [ourshepherdsaway.org](http://ourshepherdsaway.org)

Meals, Food Pantry, Clothes, Toiletries  
Mon / Tue / Wed: 9am - 10:30am. Sat: 12pm - 1pm. Sun: 8:30am - 9:30am

**Bon Air Baptist Church**  
2531 Buford Road, Richmond, VA 23235  
(804) 272-1475 - [bonairbaptist.org](http://bonairbaptist.org)

Drive thru food pantry  
1st and 3rd Wednesday of month: 3 - 4:30pm

**Meadowbridge Community Market** - Also provides community mini grants  
3613 Meadowbridge Rd, Richmond, VA 23222  
[madrva.org/](http://madrva.org/)

Free Groceries  
Saturday 10am - 4pm

**Eastern Henrico FISH** - Provides residents of eastern Henrico County food, clothing and financial assistance for rent/utilities.  
(804) 257-7730 - [facebook.com/EasternHenricoFISHInc](https://facebook.com/EasternHenricoFISHInc)

**Basic Needs** - Basic needs such as food pantries, meals, showers, or clothing.

**Welborne United Methodist** - Serves western Henrico County.  
920 Maybeury Dr, Richmond, VA 23229  
(804) 740-7128 - [welbornechurch.org/programs/missions/food-box/](http://welbornechurch.org/programs/missions/food-box/)

Food Pantry  
Monday 5pm - 6:30pm

**RVA Community Fridges** - Community run fridges and food pantries.  
[rvacommunityfridges.com](http://rvacommunityfridges.com)

**FoodPantries.org** - A directory to find food pantries near you.  
[foodpantries.org/](http://foodpantries.org/)

## Resources

**The Daily Planet** - Mental Health. in/out-patient substance abuse services. Vision, medical, and dental. Call for intake appointments.  
(804) 783-2505 - [dailyplanetva.org/](http://dailyplanetva.org/)

**CARITAS The Healing Place for Men** - No cost residential recovery program. Call for intake.  
700 Dinwiddie Avenue, Richmond, VA 23224  
(804) 230-1184 - [caritasva.org/get-help/get-sober](http://caritasva.org/get-help/get-sober)

**CARITAS The Healing Place for Women** - No cost residential recovery program. Call for intake.  
2220 Stockton Street, Richmond, VA 23224  
(804) 418-3049 - [caritasva.org/get-help/get-sober](http://caritasva.org/get-help/get-sober)

**Richmond Behavioral Health Authority** - 24/7 crisis intervention services.  
(804) 819-4100 - [rbha.org](http://rbha.org)

**New Season Treatment Center** - Opioid Addiction Treatment Center  
2217 East Franklin Street, Richmond, VA 23223  
(877) 284-7074 - [newseason.com/treatment-center-locations/virginia/richmond-treatment-center/](http://newseason.com/treatment-center-locations/virginia/richmond-treatment-center/)

**OAR of Richmond** - Re-entry services for adults post-incarceration  
3111 W Clay Street, Richmond, VA 23230  
(804) 643-2746 - [oarric.org](http://oarric.org)

## Resources

**REAL LIFE** - Services for people impacted by incarceration, homelessness, or substance use disorder  
(804) 322-3311 - [reallifeprogram.org](http://reallifeprogram.org)

**RVA Light** - Coffee. Safe place to sit indoors. Connect with local resources  
504 West Broad Street, Richmond, VA 23220  
(804) 447-7087 - [rvalight.com](http://rvalight.com)

**Housing Resource Line** - Connect to programs and services to help with housing  
(804) 422-5061 - [pharva.com/housing-hotline](http://pharva.com/housing-hotline)

**Warm Line** - Peer-to-peer mental health support  
(866) 400-6428 - [mhav.org/support/warm-line](http://mhav.org/support/warm-line)

**US Department of Veterans Affairs** - 24/7 Homeless Call Center Hotline  
(877) 424-3838 - [va.gov/homeless](http://va.gov/homeless)

**National Suicide Prevention Lifeline** - Provides 24/7, free and confidential support for people in distress  
(800) 273-8255 - [SuicidePreventionLifeline.org](http://SuicidePreventionLifeline.org)

**National Domestic Violence Hotline** - 24-hour confidential service for survivors, victims and those affected by domestic violence  
(800) 799-7233 - [TheHotline.org](http://TheHotline.org)

**National Runaway Safeline** - 24/7 crisis line for runaway and homeless youth  
(800) 786-2929 - [1800runaway.org](http://1800runaway.org)

**National Human Trafficking Hotline** - Call if you or someone you know is a victim of human trafficking  
(888) 373-7888 - [HumanTraffickingHotline.org](http://HumanTraffickingHotline.org)

**Free Mobile Phone Service** - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals.  
[SafeLinkWireless.com](http://SafeLinkWireless.com)  
[AssuranceWireless.com](http://AssuranceWireless.com)

**FindTreatment.gov** - Directory of providers treating substance use disorders, addiction, and mental illness  
(800) 662-4357 - [FindTreatment.gov/](http://FindTreatment.gov/)

## Resources

**FreeDentalCare.us** - Directory of free and low cost dental clinics  
[FreeDentalCare.us/](https://www.freedentalcare.us/)

**Virginia Veteran and Family Support** - Information/referrals to resources for homeless veterans in Virginia; Care/Health/PTSD services

**(877) 285-1299** - [dvs.virginia.gov/virginia-veteran-and-family-support-2](https://dvs.virginia.gov/virginia-veteran-and-family-support-2)

Available services can change often. Please email [support@HelpSheets.org](mailto:support@HelpSheets.org) with any updates to the information provided.

HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.