

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources. call 211 - 211.org	Shelter the Homeless Hotline - If you or someone you know is experiencing or at risk of homelessness, call for shelter and assistance (801) 990-9999 - homelessutah.org
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Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

St. Vincent de Paul Dining Hall 437 West 200 South, Salt Lake City, UT 84101 (801) 363-7710 - ccsutah.org/programs/st-vincent-de-paul-dining-hall <table style="width: 100%; border: none;"> <tr> <td style="border: none; width: 50%; text-align: center;"><u>Lunch</u> Mon-Fri 11:30am-12:30pm, Sat 10am-11am</td> <td style="border: none; width: 50%; text-align: center;"><u>Lunch</u> Every Day 5pm-6pm</td> </tr> </table>	<u>Lunch</u> Mon-Fri 11:30am-12:30pm, Sat 10am-11am	<u>Lunch</u> Every Day 5pm-6pm	Salt Lake City Mission - Food pantry and clothing by appointment 1151 S. Redwood Rd #106, Salt Lake City, UT 84104 (801) 355-6310 - saltlakecitymission.org/daily-meal-outreach-and-day-center <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><u>Lunch</u> Mon-Fri 11am-1pm</td> </tr> </table>	<u>Lunch</u> Mon-Fri 11am-1pm
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Hildegard's Food pantry 231 E 100 S, Salt Lake City, UT 84111 (801) 328-2303 - stmarksutah.org/foodpantry <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><u>Food Pantry</u> Tue/Wed/Fri 11am-1:30pm, Thur 5pm-6:30pm</td> </tr> </table>	<u>Food Pantry</u> Tue/Wed/Fri 11am-1:30pm, Thur 5pm-6:30pm	Crossroads Urban Center 347 South 400 East, Salt Lake City, UT 84111 (801) 364-7765 - crossroadsurbancenter.org/downtown.html <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><u>Food Pantry</u> Mon-Fri 9am-5pm</td> </tr> </table>	<u>Food Pantry</u> Mon-Fri 9am-5pm	
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Salvation Army 438 South 900 West, Salt Lake City, UT 84104 (801) 988-4204 - saltlakecity.salvationarmy.org/salt_lake_city_corps/cure-hunger <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><u>Food Pantry</u> Tue 10am-noon, Wed/Fri 2pm-4pm</td> </tr> </table>	<u>Food Pantry</u> Tue 10am-noon, Wed/Fri 2pm-4pm	St Paul's Episcopal Church 261 S. 900 E., Salt Lake City, UT 84102 (801) 322-5869 - stpauls-slc.org/food-pantry <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><u>Food Pantry</u> Saturday 9am-1pm</td> </tr> </table>	<u>Food Pantry</u> Saturday 9am-1pm	
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Jewish Family Services 495 E 4500 S Ste. 100, Salt Lake City, UT 84107 (801) 746-4334 - jfsutah.org/get-help/food-pantry <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><u>Food Pantry</u> Tue 11am-3pm, Wed/Thur 1pm-3pm, Fri 11am-1pm</td> </tr> </table>	<u>Food Pantry</u> Tue 11am-3pm, Wed/Thur 1pm-3pm, Fri 11am-1pm	Utah Food for Families 460 W Century Drive, Murray, UT 84123 (801) 264-9999 - utahfoodforfamilies.com <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><u>Food Pantry</u> Thursday 3pm-7pm</td> </tr> </table>	<u>Food Pantry</u> Thursday 3pm-7pm	
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Mosaic Interfaith Ministies - Food Pantry (801) 588-0139 - lssu.org/calendar	FoodPantries.org - A directory to find food pantries near you. foodpantries.org/			
Utah Food Bank utahfoodbank.org				

Emergency Shelters

Gail Miller Resource Center - Serves: Men, Women 242 W. Paramount Ave., Salt Lake City, UT 84115 (801) 456-5900 - theroadhome.org/resourcecenter/gail-miller-resource-center	Geraldine E. King Resource Center - Serves: Women 131 E 700 S, Salt Lake City, UT 84111 (801) 990-9999 - voaut.org/get-help/adult-homeless-services
Pamela Atkinson Resource Center - Serves: Men 3380 South 1000 West, Salt Lake City, UT 84119 (801) 359-4142 - theroadhome.org/resourcecenter/south-salt-lake-mens-resource-center	Family Promise - Serves: Families 814 West 800 South, Salt Lake City, UT 84104 (801) 961-8622 - familypromisesaltlake.org
Connie Crosby Family Resource Center - Serves: Families 529 W. 9th Ave, Midvale, UT 84047 (801) 569-1201 - theroadhome.org/resourcecenter/connie-crosby-family-resource-center	Rescue Mission of Salt Lake Men's Center - Serves: Men 463 S 400 W, Salt Lake City, UT 84101 (801) 355-1302 - rescuesaltlake.org/get-help
Rescue Mission of Salt Lake Women's Center - Serves: Women 1165 S State Street, Salt Lake City, UT 84111 (801) 521-5925 - rescuesaltlake.org/get-help	YWCA Shelter (Domestic Violence) 322 East 300 South, Salt Lake City, UT 84111 (801) 537-8600 - ywcautah.org/survivor-services

Emergency Shelters

Salt Lake County Youth Services - Safety, shelter, and support to at-risk and under-served youth and families residing in Salt Lake County
 177 West Price Avenue, Salt Lake City, UT 84115
 (385) 468-4500 - saltlakecounty.gov/youth

Resources

<p>Fourth Street Clinic - Medical care for the homeless 409 West 400 South, Salt Lake City, UT 84101 (801) 364-0058 - fourthstreetclinic.org</p>	<p>Sacred Circle Healthcare - Medical care 660 South 200 East Suite 250, Salt Lake City, UT 84111 (801) 359-2256 - sacredcircle.com</p>
<p>Salt Lake Donated Dental Services - Free or discounted dental care for low income patients 1383 South 900 West Suite 128, Salt Lake City, UT 84104 (801) 972-2747 - donateddental.org</p>	<p>George E Wahlen VA Medical Center 500 Foothill Boulevard, Salt Lake City, UT 84148 (801) 582-1565 - va.gov/salt-lake-city-health-care/locations/george-e-wahlen-department-of-veterans-affairs-medical</p>
<p>Utah Department of Workforce Services - Administers SNAP and EBT, TANF, CHIP, and Medicaid. (866) 435-7414 - jobs.utah.gov</p>	<p>US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline (877) 424-3838 - va.gov/homeless</p>
<p>National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress (800) 273-8255 - SuicidePreventionLifeline.org</p>	<p>National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence (800) 799-7233 - TheHotline.org</p>
<p>National Runaway Safeline - 24/7 crisis line for runaway and homeless youth (800) 786-2929 - 1800runaway.org</p>	<p>National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking (888) 373-7888 - HumanTraffickingHotline.org</p>
<p>Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals. SafeLinkWireless.com AssuranceWireless.com</p>	<p>FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness (800) 662-4357 - FindTreatment.gov/</p>
<p>FreeDentalCare.us - Directory of free and low cost dental clinics FreeDentalCare.us/</p>	

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided. HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.