

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources.
call 211 - 211.org

Shelter the Homeless Hotline - If you or someone you know is experiencing or at risk of homelessness, call for shelter and assistance
(801) 990-9999 - homelessutah.org

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

St. Vincent de Paul Dining Hall
437 West 200 South, Salt Lake City, UT 84101
(801) 363-7710 - ccsutah.org/programs/st-vincent-de-paul-dining-hall

Lunch
Mon-Fri 11:30am-12:30pm, Sat
10am-11am

Lunch
Every Day 5pm-6pm

Salt Lake City Mission - Food pantry and clothing by appointment
1151 S. Redwood Rd #106, Salt Lake City, UT 84104
(801) 355-6310 - saltlakecitymission.org/daily-meal-outreach-and-day-center

Lunch
Mon-Fri 11am-1pm

Hildegarde's Food pantry
231 E 100 S, Salt Lake City, UT 84111
(801) 328-2303 - stmarksutah.org/foodpantry

Food Pantry
Tue/Wed/Fri 11am-1:30pm, Thur 5pm-6:30pm

Crossroads Urban Center
347 South 400 East, Salt Lake City, UT 84111
(801) 364-7765 - crossroadsurbancenter.org/downtown.html

Food Pantry
Mon-Fri 9am-5pm

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Salvation Army

438 South 900 West, Salt Lake City, UT 84104

(801) 988-4204 - saltlakecity.salvationarmy.org/salt_lake_city_corps/cure-hunger

Food Pantry

Tue 10am-noon, Wed/Fri 2pm-4pm

St Paul's Episcopal Church

261 S. 900 E., Salt Lake City, UT 84102

(801) 322-5869 - stpauls-slc.org/food-pantry

Food Pantry

Saturday 9am-1pm

Jewish Family Services

495 E 4500 S Ste. 100, Salt Lake City, UT 84107

(801) 746-4334 - jfsutah.org/get-help/food-pantry

Food Pantry

Tue 11am-3pm, Wed/Thur 1pm-3pm, Fri 11am-1pm

Utah Food for Families

460 W Century Drive, Murray, UT 84123

(801) 264-9999 - utahfoodforfamilies.com

Food Pantry

Thursday 3pm-7pm

Mosaic Interfaith Ministries - Food Pantry

(801) 588-0139 - lssu.org/calendar

FoodPantries.org - A directory to find food pantries near you.

foodpantries.org/

Utah Food Bank

utahfoodbank.org

Emergency Shelters

Gail Miller Resource Center - Serves: Men, Women

242 W. Paramount Ave., Salt Lake City, UT 84115

(801) 456-5900 - theroadhome.org/resourcecenter/gail-miller-resource-center

Emergency Shelters

Geraldine E. King Resource Center - Serves: Women

131 E 700 S, Salt Lake City, UT 84111

(801) 990-9999 - voaut.org/get-help/adult-homeless-services

Pamela Atkinson Resource Center - Serves: Men

3380 South 1000 West, Salt Lake City, UT 84119

(801) 359-4142 - theroadhome.org/resourcecenter/south-salt-lake-mens-resource-center

Family Promise - Serves: Families

814 West 800 South, Salt Lake City, UT 84104

(801) 961-8622 - familypromisesaltlake.org

Connie Crosby Family Resource Center - Serves: Families

529 W. 9th Ave, Midvale, UT 84047

(801) 569-1201 - theroadhome.org/resourcecenter/connie-crosby-family-resource-center

Rescue Mission of Salt Lake Men's Center - Serves: Men

463 S 400 W, Salt Lake City, UT 84101

(801) 355-1302 - rescuesaltlake.org/get-help

Rescue Mission of Salt Lake Women's Center - Serves: Women

1165 S State Street, Salt Lake City, UT 84111

(801) 521-5925 - rescuesaltlake.org/get-help

YWCA Shelter (Domestic Violence)

322 East 300 South, Salt Lake City, UT 84111

(801) 537-8600 - ywcautah.org/survivor-services

Salt Lake County Youth Services - Safety, shelter, and support to at-risk and under-served youth and families residing in Salt lake County

177 West Price Avenue, Salt Lake City, UT 84115

(385) 468-4500 - saltlakecounty.gov/youth

Resources

Fourth Street Clinic - Medical care for the homeless

409 West 400 South, Salt Lake City, UT 84101

(801) 364-0058 - fourthstreetclinic.org

Resources

Sacred Circle Healthcare - Medical care

660 South 200 East Suite 250, Salt Lake City, UT 84111

(801) 359-2256 - sacredcircle.com

Salt Lake Donated Dental Services - Free or discounted dental care for low income patients

1383 South 900 West Suite 128, Salt Lake City, UT 84104

(801) 972-2747 - donateddental.org

George E Wahlen VA Medical Center

500 Foothill Boulevard, Salt Lake City, UT 84148

(801) 582-1565 - va.gov/salt-lake-city-health-care/locations/george-e-wahlen-department-of-veterans-affairs-medical

Utah Department of Workforce Services - Administers SNAP and EBT, TANF, CHIP, and Medicaid.

(866) 435-7414 - jobs.utah.gov

US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline

(877) 424-3838 - va.gov/homeless

National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress

(800) 273-8255 - SuicidePreventionLifeline.org

National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence

(800) 799-7233 - TheHotline.org

National Runaway Safeline - 24/7 crisis line for runaway and homeless youth

(800) 786-2929 - 1800runaway.org

National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking

(888) 373-7888 - HumanTraffickingHotline.org

Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals.

SafeLinkWireless.com

AssuranceWireless.com

Resources

FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness
(800) 662-4357 - [FindTreatment.gov/](https://www.findtreatment.gov/)

FreeDentalCare.us - Directory of free and low cost dental clinics
[FreeDentalCare.us/](https://www.freedentalcare.us/)

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided.

HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.