

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources.
call 211 - 211.org

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Crossroads 7843 Park Place Blvd., Houston, TX 77087 (713) 252-3604 - crossroadsatparkplace.org <u>Breakfast</u> Tue/Thur 7:30am	The Beacon - Also provides showers and laundry 1212 Prairie Street, Houston, TX 77002 (713) 220-9737 - beaconhomeless.org/gethelp <u>Breakfast</u> Thur-Mon 7am-9:30am	<u>Lunch</u> Tue/Thur 11:15am	<u>Lunch</u> Thur-Mon 11am-noon
Martha's Kitchen 322 South Jensen Dr, Houston, TX 77003 (713) 224-2522 - stmartha.com/marthas-kitchen <u>Lunch</u> Mon-Fri 11am-noon	1000 Hills Ministry 2800 St. Charles St., Houston, TX 77004 (281) 787-8275 - 1000hills.org <u>Dinner</u> Mon-Sat 7:30pm, Sun 3pm		
Emergency Aid Coalition - Groceries and clothing, by appointment only 5401 Fannin St., Houston, TX 77004 (713) 343-3061 - eachouston.org/services	Rose of Sharon 1106 Valentine St., Houston, TX 77019 (713) 651-1215 - roseofsharon4thward.org/s-projects-basic <u>Sack Lunch</u> Thur 11am, Sat 11:30am		
Trinity Episcopal Church 1015 Holman St., Houston, TX 77004 (713) 528-4100 - trinitymidtown.org/our-community/outreach/sandwich-makers <u>Dinner</u> Mon-Fri 5:30pm	Montrose Street Reach 1206 Lovett Blvd, Houston, TX 77006 (281) 682-4379 - montrorestreetreach.com/what-we-do.html <u>Dinner</u> Thursday 6pm		
Montrose Street Reach - Morning Outreach - Old Greyhound Bus Station 2121 Main St, Houston, TX 77004 (281) 682-4379 - montrorestreetreach.com/what-we-do.html <u>Food</u> Tue/Wed 10am-noon	Cy-Fair Helping Hands 9204 Emmott Road, Houston, TX 77040 (281) 858-1222 - cyfairhelpinghands.org/homeless-services <u>Meal, Shower, Laundry</u> Tue/Wed 10am-1pm		
Salvation Army Young Adult Resource Center - Meals, Shower, Laundry - Serves: Youth 1621 McGowen St, Houston, TX 77004 (713) 752-0677 - salvationarmyhouston.org/houston/YARC	Hope Center - Day Shelter, Food, Clothing, Shower, Laundry, Hair, Medical, Dental 821 Peakwood Dr., Houston, TX 77090 (832) 965-5511 - hopecenterhouston.org/services <u>Breakfast</u> Mon-Fri 8:30am	<u>Showers</u> Mon-Fri 7am-10am	<u>Clothing Closet</u> Mon/Thur 8:30am-10:30am
Compassion United - Day Shelter, Food, Clothing, Shower, Laundry, Hair, Medical, Dental 350 Foster Dr., Conroe, TX 77301 (936) 274-3799 - compassionunited.us/get-help	FoodPantries.org - A directory to find food pantries near you. foodpantries.org/		

Emergency Shelters

Star of Hope - Serves: Men 1811 Ruiz St., Houston, TX 77002 (713) 748-0700 - sohmission.org	Star of Hope Women and Family - Serves: Women, Families 2575 Reed Road, Houston, TX 77051 (713) 748-0700 - sohmission.org
Magnificat House 1410 Elgin St, Houston, TX 77004 (713) 529-4231 - mhihouston.org/need-assistance	Bay Area Homeless Services 3406 Wisconsin St, Baytown, TX 77520 (281) 837-1654 - bahs-shelter.org
Family Promise - Serves: Families 111 South Avenue G., Humble, TX 77338 (281) 441-3754 - fplh.org/get-help	The Mission of Yahweh - Serves: Women w/ Children 10247 Algiers Road, Houston, TX 77041 (713) 930-0667 - missionofyahweh.org

Emergency Shelters

Covenant House - Serves: Ages 18 to 24
1111 Lovett Blvd., Houston, TX 77006
(713) 523-2231 - covenanthousetx.org

Resources

Harris County Domestic Violence Coordinating Council - Resources for survivors of domestic violence 2990 Richmond Ave. Ste. 550, Houston, TX 77098 (281) 400-3680 - hcdvcc.org/resourcesforsurvivors	Salvation Army (713) 224-2875 - salvationarmyhouston.org
Lord of the Streets - Day Shelter 3401 Fannin Street, Houston, TX 77004 (713) 526-0311 - lotshouston.org	VA Community Resource and Referral Center - Resources for veterans who are homeless or at risk of homelessness 1700 Webster Street, Houston, TX 77003 (713) 794-7533 - va.gov/HOMELESS/crrc.asp
US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline (877) 424-3838 - va.gov/homeless	National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress (800) 273-8255 - SuicidePreventionLifeline.org
National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence (800) 799-7233 - TheHotline.org	National Runaway Safeline - 24/7 crisis line for runaway and homeless youth (800) 786-2929 - 1800runaway.org
National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking (888) 373-7888 - HumanTraffickingHotline.org	Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals. SafeLinkWireless.com AssuranceWireless.com
FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness (800) 662-4357 - FindTreatment.gov/	FreeDentalCare.us - Directory of free and low cost dental clinics FreeDentalCare.us/

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided. HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.