

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources.
call 211 - 211.org

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Crossroads

7843 Park Place Blvd., Houston, TX 77087

(713) 252-3604 - crossroadsatparkplace.org

Breakfast

Tue/Thur 7:30am

Lunch

Tue/Thur 11:15am

The Beacon - Also provides showers and laundry

1212 Prairie Street, Houston, TX 77002

(713) 220-9737 - beaconhomeless.org/gethelp

Breakfast

Thur-Mon 7am-9:30am

Lunch

Thur-Mon 11am-noon

Martha's Kitchen

322 South Jensen Dr, Houston, TX 77003

(713) 224-2522 - stmartha.com/marthas-kitchen

Lunch

Mon-Fri 11am-noon

1000 Hills Ministry

2800 St. Charles St., Houston, TX 77004

(281) 787-8275 - 1000hills.org

Dinner

Mon-Sat 7:30pm, Sun 3pm

Emergency Aid Coalition - Groceries and clothing, by appointment only

5401 Fannin St., Houston, TX 77004

(713) 343-3061 - eachouston.org/services

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Rose of Sharon

1106 Valentine St., Houston, TX 77019

(713) 651-1215 - roseofsharon4thward.org/s-projects-basic

Sack Lunch

Thur 11am, Sat 11:30am

Trinity Episcopal Church

1015 Holman St., Houston, TX 77004

(713) 528-4100 - trinitymidtown.org/our-community/outreach/sandwich-makers

Dinner

Mon-Fri 5:30pm

Montrose Street Reach

1206 Lovett Blvd, Houston, TX 77006

(281) 682-4379 - montrostreetreach.com/what-we-do.html

Dinner

Thursday 6pm

Montrose Street Reach - Morning Outreach - Old Greyhound Bus Station

2121 Main St, Houston, TX 77004

(281) 682-4379 - montrostreetreach.com/what-we-do.html

Food

Tue/Wed 10am-noon

Cy-Fair Helping Hands

9204 Emmott Road, Houston, TX 77040

(281) 858-1222 - cyfairhelpinghands.org/homeless-services

Meal, Shower, Laundry

Tue/Wed 10am-1pm

Salvation Army Young Adult Resource Center - Meals, Shower, Laundry - Serves: Youth

1621 McGowen St, Houston, TX 77004

(713) 752-0677 - salvationarmyhouston.org/houston/YARC

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Hope Center - Day Shelter, Food, Clothing, Shower, Laundry, Hair, Medical, Dental

821 Peakwood Dr., Houston, TX 77090

(832) 965-5511 - hopecenterhouston.org/services

Breakfast

Mon-Fri 8:30am

Showers

Mon-Fri 7am-10am

Clothing Closet

Mon/Thur
8:30am-10:30am

Compassion United - Day Shelter, Food, Clothing, Shower, Laundry, Hair, Medical, Dental

350 Foster Dr., Conroe, TX 77301

(936) 274-3799 - compassionunited.us/get-help

FoodPantries.org - A directory to find food pantries near you.

foodpantries.org/

Emergency Shelters

Star of Hope - Serves: Men

1811 Ruiz St., Houston, TX 77002

(713) 748-0700 - sohmission.org

Star of Hope Women and Family - Serves: Women, Families

2575 Reed Road, Houston, TX 77051

(713) 748-0700 - sohmission.org

Magnificat House

1410 Elgin St, Houston, TX 77004

(713) 529-4231 - mhihouston.org/need-assistance

Bay Area Homeless Services

3406 Wisconsin St, Baytown, TX 77520

(281) 837-1654 - bahs-shelter.org

Family Promise - Serves: Families

111 South Avenue G., Humble, TX 77338

(281) 441-3754 - fplh.org/get-help

The Mission of Yahweh - Serves: Women w/ Children

10247 Algiers Road, Houston, TX 77041

(713) 930-0667 - missionofyahweh.org

Emergency Shelters

Covenant House - Serves: Ages 18 to 24
1111 Lovett Blvd., Houston, TX 77006
(713) 523-2231 - covenanthousetx.org

Resources

Harris County Domestic Violence Coordinating Council - Resources for survivors of domestic violence
2990 Richmond Ave. Ste. 550, Houston, TX 77098
(281) 400-3680 - hcdvcc.org/resourcesforsurvivors

Salvation Army
(713) 224-2875 - salvationarmyhouston.org

Lord of the Streets - Day Shelter
3401 Fannin Street, Houston, TX 77004
(713) 526-0311 - lotshouston.org

VA Community Resource and Referral Center - Resources for veterans who are homeless or at risk of homelessness
1700 Webster Street, Houston, TX 77003
(713) 794-7533 - va.gov/HOMELESS/crrc.asp

US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline
(877) 424-3838 - va.gov/homeless

National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress
(800) 273-8255 - SuicidePreventionLifeline.org

National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence
(800) 799-7233 - TheHotline.org

National Runaway Safeline - 24/7 crisis line for runaway and homeless youth
(800) 786-2929 - 1800runaway.org

National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking
(888) 373-7888 - HumanTraffickingHotline.org

Resources

Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals.

SafeLinkWireless.com

AssuranceWireless.com

FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness

(800) 662-4357 - FindTreatment.gov/

FreeDentalCare.us - Directory of free and low cost dental clinics

FreeDentalCare.us/

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided.

HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.