

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources.
call 211 - 211.org

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Trinity Center - Also provides clothing closet, bus passes, limited financial assistance 304 E. 7th St, Austin, TX 78701 trinitycenteraustin.org/programs <table><tr><td><u>Breakfast</u> Mon-Fri 9am-9:30am</td><td><u>Dinner</u> Mon-Thur 4pm-4:30pm, Sun 3:30pm</td><td><u>Showers</u> Mon-Thur 2pm-6pm</td></tr></table>	<u>Breakfast</u> Mon-Fri 9am-9:30am	<u>Dinner</u> Mon-Thur 4pm-4:30pm, Sun 3:30pm	<u>Showers</u> Mon-Thur 2pm-6pm	Angel House Soup Kitchen 908 E Cesar Chavez St., Austin, TX 78702 (512) 643-2327 - austinbaptistchapel.com <table><tr><td><u>Breakfast</u> Everyday 9:30am-10am</td><td><u>Lunch</u> Everyday 11am-12:30pm</td></tr></table>	<u>Breakfast</u> Everyday 9:30am-10am	<u>Lunch</u> Everyday 11am-12:30pm
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Caritas Community Kitchen 611 Neches Street, Austin, TX 78701 (512) 479-4610 - caritasofaustin.org <u>Lunch</u> Mon-Fri 11am-12:30pm	Sunrise Homeless Navigation Center 4430 Menchaca Rd, Austin, TX 78745 (512) 368-2685 - sunrisenavigationcenter.org/get-help <table><tr><td><u>Food, Day Center</u> Mon-Fri 9am-1pm</td><td><u>Showers</u> Mon-Fri 9am-11am</td></tr></table>	<u>Food, Day Center</u> Mon-Fri 9am-1pm	<u>Showers</u> Mon-Fri 9am-11am			
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Central Presbyterian Church 200 E. 8th Street, Austin, TX 78701 (512) 472-2445 - cpcaustin.org/ministries-fellowship/neighbors/central-mission <u>Breakfast, Toiletries, Clothing</u> Thursday 8am-11am	Community of Christ 2132 Bluebonnet Lane, Austin, TX 78704 ccox82.wixsite.com/austin-cofchrist <u>Breakfast</u> Sunday 9am-9:30am					
First United Methodist 1201 Lavaca Street, Austin, TX 78701 (512) 478-5684 - fumcaustin.org <u>Breakfast</u> Tue/Thur 5:15am-7:15am	University Baptist Church 2130 Guadalupe St, Austin, TX 78705 (512) 478-8559 - ubcaustin.org <u>Dinner</u> Thursday 5pm-6pm					
University United Methodist Church 2409 Guadalupe St, Austin, TX 78705 (512) 478-9387 - uumc.org/open-door <u>Breakfast</u> Saturday 8am-9:30am	Olivet Helping Hands Center 1161 San Bernard St., Austin, TX 78702 (512) 472-2298 - obcaus.org/ministry-that-ministers/helping-hands.html <u>Food</u> 2nd & 4th Saturday 9am-noon					
Mobile Loaves & Fishes - Food Truck, multiple locations (512) 328-7299 - mlf.org/truck-schedules	FoodPantries.org - A directory to find food pantries near you. foodpantries.org/					

Emergency Shelters

Austin Shelter for Women and Children - Serves: Women, Women w/ Children 4613 Tannehill Ln Bldg 3, Austin, TX 78721 (512) 933-0600 - salvationarmytexas.org	Eighth Street Shelter - Serves: Women, Trans 501 East 8th St., Austin, TX 78701 (512) 522-1097 - urban-alchemy.us/cities/austin
Austin Resource Center for the Homeless - Serves: Men 500 E 7th Street, Austin, TX 78701 (512) 522-1097 - urban-alchemy.us/cities/austin	SAFE - Emergency and transitional shelter for individuals and families escaping domestic violence (512) 267-7233 - safeaustin.org
Casa Marianella - Shelter and support services for displaced immigrants 821 Gunter Street, Austin, TX 78702 (512) 385-5571 - casamarianella.org	LifeWorks - Emergency shelter for individuals 17 years old and younger 835 North Pleasant Valley Road, Austin, TX 78702 (512) 735-2400 - lifeworksaustin.org

Resources

ARCH Clinic - Medical care 500 E 7th Street, Austin, TX 78701 (512) 978-9920 - communitycaretx.org/all-locations/austin-resource-center-for-the-homeless-clinic	MAP (Medical Access Program) - Health coverage for Travis County residents without insurance (512) 978-8130 - centralhealth.net/map
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Resources

US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline (877) 424-3838 - va.gov/homeless	National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress (800) 273-8255 - SuicidePreventionLifeline.org
National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence (800) 799-7233 - TheHotline.org	National Runaway Safeline - 24/7 crisis line for runaway and homeless youth (800) 786-2929 - 1800runaway.org
National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking (888) 373-7888 - HumanTraffickingHotline.org	Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals. SafeLinkWireless.com AssuranceWireless.com
FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness (800) 662-4357 - FindTreatment.gov/	FreeDentalCare.us - Directory of free and low cost dental clinics FreeDentalCare.us/

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided. HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.