

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources.
call 211 - 211.org

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Trinity Center - Also provides clothing closet, bus passes, limited financial assistance

304 E. 7th St, Austin, TX 78701

trinitycenteraustin.org/programs

Breakfast

Mon-Fri 9am-9:30am

Dinner

Mon-Thur
4pm-4:30pm, Sun
3:30pm

Showers

Mon-Thur 2pm-6pm

Angel House Soup Kitchen

908 E Cesar Chavez St., Austin, TX 78702

(512) 643-2327 - austinbaptistchapel.com

Breakfast

Everyday 9:30am-10am

Lunch

Everyday 11am-12:30pm

Caritas Community Kitchen

611 Neches Street, Austin, TX 78701

(512) 479-4610 - caritasofaustin.org

Lunch

Mon-Fri 11am-12:30pm

Sunrise Homeless Navigation Center

4430 Menchaca Rd, Austin, TX 78745

(512) 368-2685 - sunrisenavigationcenter.org/get-help

Food, Day Center

Mon-Fri 9am-1pm

Showers

Mon-Fri 9am-11am

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Central Presbyterian Church

200 E. 8th Street, Austin, TX 78701

(512) 472-2445 - cpcaustin.org/ministries-fellowship/neighbors/central-mission

Breakfast, Toiletries, Clothing

Thursday 8am-11am

Community of Christ

2132 Bluebonnet Lane, Austin, TX 78704

ccox82.wixsite.com/austin-cofchrist

Breakfast

Sunday 9am-9:30am

First United Methodist

1201 Lavaca Street, Austin, TX 78701

(512) 478-5684 - fumcaustin.org

Breakfast

Tue/Thur 5:15am-7:15am

University Baptist Church

2130 Guadalupe St, Austin, TX 78705

(512) 478-8559 - ubcaustin.org

Dinner

Thursday 5pm-6pm

University United Methodist Church

2409 Guadalupe St, Austin, TX 78705

(512) 478-9387 - uumc.org/open-door

Breakfast

Saturday 8am-9:30am

Olivet Helping Hands Center

1161 San Bernard St., Austin, TX 78702

(512) 472-2298 - obcaus.org/ministry-that-ministers/helping-hands.html

Food

2nd & 4th Saturday 9am-noon

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Mobile Loaves & Fishes - Food Truck, multiple locations
(512) 328-7299 - mlf.org/truck-schedules

FoodPantries.org - A directory to find food pantries near you.
foodpantries.org/

Emergency Shelters

Austin Shelter for Women and Children - Serves: Women, Women w/ Children
4613 Tannehill Ln Bldg 3, Austin, TX 78721
(512) 933-0600 - salvationarmytexas.org

Eighth Street Shelter - Serves: Women, Trans
501 East 8th St., Austin, TX 78701
(512) 522-1097 - urban-alchemy.us/cities/austin

Austin Resource Center for the Homeless - Serves: Men
500 E 7th Street, Austin, TX 78701
(512) 522-1097 - urban-alchemy.us/cities/austin

SAFE - Emergency and transitional shelter for individuals and families escaping domestic violence
(512) 267-7233 - safeaustin.org

Casa Marianella - Shelter and support services for displaced immigrants
821 Gunter Street, Austin, TX 78702
(512) 385-5571 - casamarianella.org

LifeWorks - Emergency shelter for individuals 17 years old and younger
835 North Pleasant Valley Road, Austin, TX 78702
(512) 735-2400 - lifeworksaustin.org

Resources

ARCH Clinic - Medical care
500 E 7th Street, Austin, TX 78701
(512) 978-9920 - communitycaretx.org/all-locations/austin-resource-center-for-the-homeless-clinic

Resources

MAP (Medical Access Program) - Health coverage for Travis County residents without insurance
(512) 978-8130 - centralhealth.net/map

US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline
(877) 424-3838 - va.gov/homeless

National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress
(800) 273-8255 - SuicidePreventionLifeline.org

National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence
(800) 799-7233 - TheHotline.org

National Runaway Safeline - 24/7 crisis line for runaway and homeless youth
(800) 786-2929 - 1800runaway.org

National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking
(888) 373-7888 - HumanTraffickingHotline.org

Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals.
SafeLinkWireless.com
AssuranceWireless.com

FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness
(800) 662-4357 - FindTreatment.gov/

FreeDentalCare.us - Directory of free and low cost dental clinics
FreeDentalCare.us/

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided.

HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.