

**Access Points** - Entry points to find and access local resources.

<p>2-1-1 Pennsylvania - 24/7 phone line to help you find local resources you need. call 211 - <a href="http://pa211.org">pa211.org</a></p>	<p><b>Allegheny Link</b> - Assistance finding emergency shelters, rental assistance, and longer term homeless programs. M-F 8am-7pm (866) 730-2368 - <a href="http://alleghenycounty.us/Human-Services/About/Contact/Allegheny-Link.aspx">alleghenycounty.us/Human-Services/About/Contact/Allegheny-Link.aspx</a></p>
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**Basic Needs** - Basic needs such as food pantries, meals, showers, or clothing.

<p><b>Greater Pittsburgh Community Food Bank</b> - Find local food resources (412) 460-3663 ext: 655 - <a href="http://pittsburghfoodbank.org/find-food/get-help">pittsburghfoodbank.org/find-food/get-help</a></p>	<p><b>Jubilee Soup Kitchen</b> 2005 Wyandotte St., Pittsburgh, PA 15219 (412) 261-5417 - <a href="http://jubileesoupkitchen.com">jubileesoupkitchen.com</a> <u>Lunch</u> Everyday 11am - noon</p>
<p><b>East End Cooperative Ministry</b> 6140 Station Street, Pittsburgh, PA 15206 (412) 361-5549 - <a href="http://eecm.org/communityfoodservices">eecm.org/communityfoodservices</a> <u>Lunch</u> Mon - Fri: noon - 1:15pm <u>Food Pantry</u> Mon - Fri: 9:30am - 11:30am, 1pm - 3pm</p>	<p><b>Shiloh Community Missionary Baptist Church</b> 6940 Frankstown Avenue, Pittsburgh, PA 15208 (412) 441-8710 - <a href="http://scmbcpgh.org/">scmbcpgh.org/</a> <u>Meals</u> Tues / Thur noon - 2pm</p>
<p><b>Rainbow Kitchen</b> 135 East 9th Avenue, Homestead, PA 15120 (412) 464-1892 - <a href="http://rainbowkitchen.org/what-we-do/anti-hunger-program-areas">rainbowkitchen.org/what-we-do/anti-hunger-program-areas</a> <u>Breakfast</u> Mon - Fri: 9:30am - 10:30am</p>	<p><b>FoodPantries.org</b> - A directory to find food pantries near you. <a href="http://foodpantries.org/">foodpantries.org/</a></p>

**Emergency Shelters**

<p><b>Light of Life Rescue Mission</b> - Also serves breakfast and dinner - Serves: Men 913 Western Ave., Pittsburgh, PA 15233 (412) 258-6100 - <a href="http://lightoflife.org">lightoflife.org</a></p>	<p><b>Pleasant Valley Men's Shelter</b> - Serves: Men 1601 Brighton Road, Pittsburgh, PA 15212 (412) 321-4272 - <a href="http://ncmin.org/pleasant-valley-mens-shelter">ncmin.org/pleasant-valley-mens-shelter</a></p>
<p><b>East End Cooperative Ministry</b> - Serves: Men, Women 6140 Station Street, Pittsburgh, PA 15206 (412) 345-7135 - <a href="http://eecm.org/housingandemployment">eecm.org/housingandemployment</a></p>	<p><b>Bethlehem Haven</b> - Serves: Women 905 Watson Street, Pittsburgh, PA 15219 (412) 391-1348 ext: 250 - <a href="http://bethlehemhaven.org">bethlehemhaven.org</a></p>
<p><b>Genesis of Pittsburgh</b> - Serves: Pregnant Women 185 Dakota Avenue, Pittsburgh, PA 15202 (412) 766-2693 - <a href="http://genesispgh.org">genesispgh.org</a></p>	<p><b>Family Links</b> - Serves: Youth 1601 Fifth Avenue, Pittsburgh, PA 15219 (866) 583-6003 - <a href="http://familylinks.org">familylinks.org</a></p>
<p><b>Veterans Leadership Program</b> - Serves: Veterans 2934 Smallman St, Pittsburgh, PA 15201 (412) 481-8200 - <a href="http://veteransleadershipprogram.org">veteransleadershipprogram.org</a></p>	

**Resources**

<p><b>Healthcare for the Homeless</b> - Provides healthcare and social services (412) 244-4775 - <a href="http://pchspitt.org/healthcare-services/health-care-for-the-homeless/">pchspitt.org/healthcare-services/health-care-for-the-homeless/</a></p>	<p><b>Pittsburgh Mercy</b> - Provides mental health services, day center, hot meals, winter shelter 1200 Reedsdale Street, Pittsburgh, PA 15233 (877) 637-2924 - <a href="http://pittsburghmercy.org/homeless-services/pittsburgh-mercys-operation-safety-net">pittsburghmercy.org/homeless-services/pittsburgh-mercys-operation-safety-net</a></p>
<p><b>US Department of Veterans Affairs</b> - 24/7 Homeless Call Center Hotline (877) 424-3838 - <a href="http://va.gov/homeless">va.gov/homeless</a></p>	<p><b>National Suicide Prevention Lifeline</b> - Provides 24/7, free and confidential support for people in distress (800) 273-8255 - <a href="http://SuicidePreventionLifeline.org">SuicidePreventionLifeline.org</a></p>
<p><b>National Domestic Violence Hotline</b> - 24-hour confidential service for survivors, victims and those affected by domestic violence (800) 799-7233 - <a href="http://TheHotline.org">TheHotline.org</a></p>	<p><b>National Runaway Safeline</b> - 24/7 crisis line for runaway and homeless youth (800) 786-2929 - <a href="http://1800runaway.org">1800runaway.org</a></p>

## Resources

<b>National Human Trafficking Hotline</b> - Call if you or someone you know is a victim of human trafficking (888) 373-7888 - <a href="https://www.humantraffickinghotline.org">HumanTraffickingHotline.org</a>	<b>Free Mobile Phone Service</b> - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals. <a href="https://www.SafeLinkWireless.com">SafeLinkWireless.com</a> <a href="https://www.AssuranceWireless.com">AssuranceWireless.com</a>
<b>FindTreatment.gov</b> - Directory of providers treating substance use disorders, addiction, and mental illness (800) 662-4357 - <a href="https://www.findtreatment.gov/">FindTreatment.gov/</a>	<b>FreeDentalCare.us</b> - Directory of free and low cost dental clinics <a href="https://www.FreeDentalCare.us/">FreeDentalCare.us/</a>

Available services can change often. Please email [support@HelpSheets.org](mailto:support@HelpSheets.org) with any updates to the information provided. HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.