HelpSheets.org

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources.

call 211 - 211.org

Shelter Coordinated Intake - Call if you are homeless and in need of emergency shelter. M-F 8am-8pm

(216) 674-6700 - hhs.cuyahogacounty.us/programs/detail/if-youneed-shelter

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

St. Augustine Hunger Center

2486 W 14th St, Cleveland, OH 44113

(216) 377-3725 - ccdocle.org/locations/st-augustine-hunger-center

<u>Lunch</u> every day 11am - 12:30pm <u>Dinner</u> Mon-Fri 4pm - 5pm

Cosgrove Center - Also provides food pantry, clothing closet, and emergency financial assistance

1736 Superior Ave, Cleveland, OH 44114

(216) 781-8262 - ccdocle.org/locations/bishop-william-m-cosgrove-center

<u>Breakfast</u> Mon-Fri 8am - 9am <u>Lunch</u> Mon-Fri noon -1:30pm <u>Showers</u> Mon-Fri 9:30am -11:30am

St. Herman House - Also provides food pantry, toilets, and emergency shelter

4410 Franklin Blvd, Cleveland, OH 44113

(216) 961-3806 - sainthermans.org/our-work/

Meals Everyday 7:30am-8am, 11:30am-noon, 5:30pm-6pm Clothing Mon and Fri 1pm -2pm

Hygiene Items Everyday noon-12:30pm, 6pm-6:30pm **Basic Needs** - Basic needs such as food pantries, meals, showers, or clothing.

St. Malachi Parish

2459 Washington Ave., Cleveland, OH 44113

(216) 861-5343 - stmalachi.org/ministries/back-door-ministry

Meals

Mon-Fri 10am - 1pm, Sat 9am - noon

St. Patrick Parish

3602 Bridge Avenue, Cleveland, OH 44113

(216) 631-6872 ext: 1 - stpatrickbridge.org/saint-vincent-de-paulsociety

Hot Meals
Tuesday and Thursday 5pm 6pm

Food Pantry
1st 3rd and 5th Wednesdays,
9:30am - noon

West Side Catholic Center - Provides a variety of other services including showers, food pantry, mail, and clothing 3135 Lorain Avenue, Cleveland, OH 44113

(216) 631-4741 - wsccenter.org/resource-center

Breakfast Mon-Sat 9am <u>Lunch</u> Mon-Fri noon

<u>Dinner</u> Saturday 4:30pm

Faith Baptist Community Center

2355 East 55th Street, Cleveland, OH 44104

(216) 881-8816 - freehope.org/services

Lunch
Wednesday following
11:30am service

Clothing Store
Wednesday after
lunch

Medical Services
Thursday 9:30am 4pm, Saturday
9:30am - noon

May Dugan Center - Also provides behavioral health, education, pregnancy, and trauma recovery services

4115 Bridge Ave, Cleveland, OH 44113

(216) 631-5800 - maydugancenter.org/food

Drive Thru Food
Pantry
2nd and 4th
Wednesday

Walk In Food Pantry 2nd and 4th Thursday

<u>Clothing</u> Monday - Friday 1pm - 4pm **Basic Needs** - Basic needs such as food pantries, meals, showers, or clothing.

St. Paul's Outreach Center

4427 Franklin Boulevard, Cleveland, OH 44113

(216) 651-6250 - stpaulscommunityucc.org/outreach-center

Drop in center, food pantry, clothing Tuesday and Thursday 9am - noon

Hunger Network - Find local food resources

(216) 619-8155 - hungernetwork.org

FoodPantries.org - A directory to find food pantries near you.

foodpantries.org/

Emergency Shelters

Men's Public Shelter - Use Coordinated Intake - Serves: Men 2100 Lakeside Avenue, Cleveland, OH 44114

(216) 566-0047 - lutheranmetro.org/what-we-do/programs/housing-and-shelter

Norma Herr Women's Center - Use Coordinated Intake - Serves:

Women

2227 Payne Ave, Cleveland, OH 44114

(216) 479-0020 - ywcaofcleveland.org/end-homelessness/norma-herr-womens-center

St. Herman House - Serves: Men

4410 Franklin Blvd, Cleveland, OH 44113

(216) 961-3806 - sainthermans.org/our-work/

Crossroads Mens Crisis Center - Serves: Men

(216) 431-3515 - thecitymission.org/get-help

Laura's Home Women's Crisis Center - Serves: Women, Women w/ Children

(216) 472-5500 - thecitymission.org/get-help

Resources

Step Forward - Emergency Assistance, Energy assistance, Proffesional Development, Personal Development 1801 Superior Avenue Suite 400, Cleveland, OH 44114 (216) 696-9077 - stepforwardtoday.org

Resources

Legal Aid Society of Cleveland - Legal assistance for low income individuals

1223 West Sixth St., Cleveland, OH 44113

(888) 817-3777 - lasclev.org

LGBT Community Center - Peer support, health and wellness services

6705 Detroit Avenue, Cleveland, OH 44102

(216) 651-5428 - Igbtcleveland.org

Seasons of Hope - Evening and overnight drop in center for women in crisis or struggling with addiction

(216) 421-0536 - ccdocle.org/programs/seasons-of-hope

US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline

(877) 424-3838 - va.gov/homeless

National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress (800) 273-8255 - SuicidePreventionLifeline.org

National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence (800) 799-7233 - TheHotline.org

National Runaway Safeline - 24/7 crisis line for runaway and homeless youth

(800) 786-2929 - 1800runaway.org

National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking

(888) 373-7888 - HumanTraffickingHotline.org

Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals.

SafeLinkWireless.com

AssuranceWireless.com

FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness

(800) 662-4357 - FindTreatment.gov/

Resources

FreeDentalCare.us - Directory of free and low cost dental clinics FreeDentalCare.us/

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided.

HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.