

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources. call 211 - 211.org	Central Access Point Line - Call if you are homeless and in need of emergency shelter. (513) 381-7233 - strategiestoendhomelessness.org/what-we-do/prevention-and-shelter-diversion/
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Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

City Gospel Mission 1805 Dalton Avenue, Cincinnati, OH 45214 (513) 241-5525 - citygospelmission.org/get-help <u>Dinner</u> Every day 7pm	Our Daily Bread 1730 Race St., Cincinnati, OH 45202 (513) 621-6364 - ourdailybread.us <u>Meals</u> Mon-Fri 8:30am-11:45am
Queen City Kitchen 2631 Gilbert Avenue, Cincinnati, OH 45206 (513) 961-1983 - queencitykitchen.org <u>Meals</u> Tue/Thur 10am, Sat 9:30am & 3pm, Sun noon & 5pm <u>Food Pantry</u> Tue/Thur 10am	First Lutheran Church 1208 Race Street, Cincinnati, OH 45202 (513) 421-0065 - firstlutherancincy.org/service-1 <u>Community Meal</u> Last Monday of month - noon <u>Clothing Closet</u> 2nd Monday of month - noon
Churches Active in Northside 4230 Hamilton Avenue, Cincinnati, OH 45223 (513) 591-2246 - cainministry.org <u>Community Meal</u> Monday 4pm - 6pm <u>Food Pantry</u> Monday 5pm - 7pm, Tue/Thur 10am - 1pm	Madisonville Education & Assistance Center 4600 Erie Avenue, Cincinnati, OH 45227 (513) 271-5501 - meaccincinnati.org/gethelp <u>Free Food Marketplace</u> Tuesdays <u>Haircuts</u> First Wednesday of Month
Mary Magdalen House 1629 Republic Street, Cincinnati, OH 45202 (513) 721-4811 - marymagdalenhouse.org <u>Showers</u> Mon-Fri 8:30am - 4pm, Sat 8:30am - noon	St. Vincent de Paul (513) 421-0602 - svdpcincinnati.org/get-help
Freestore Foodbank freestorefoodbank.org	FoodPantries.org - A directory to find food pantries near you. foodpantries.org/

Emergency Shelters

City Gospel Mission - Serves: Men 1805 Dalton Avenue, Cincinnati, OH 45214 (513) 241-5525 - citygospelmission.org/get-help	Shelterhouse Men's Center - Serves: Men 411 Gest Street, Cincinnati, OH 45203 (513) 721-0643 - shelterhousecincy.org/mens-center
Shelterhouse Women's Center - Serves: Women 2499 Reading Road, Cincinnati, OH 45202 (513) 562-1980 - shelterhousecincy.org/womens-center	Lighthouse Mecum House - The Mecum House provides a safe haven for youth ages 10-17 - Serves: Youth 2522 Highland Avenue, Cincinnati, OH 45219 (513) 961-4080 - lys.org/services/safeshelter/
Lighthouse Sheakley Center - Serves: Ages 18 to 24 2314 Iowa Avenue, Cincinnati, OH 45206 (513) 569-9500 - lys.org/services/shelter-and-resources-for-homeless-young-adults-18-24/	Off the Streets - Services and shelter for women with histories of sex trafficking and exploitation 2401 Reading Rd., Cincinnati, OH 45202 (513) 768-6928 - hercincinnati.org/pages/off-the-streets

Resources

Cincinnati Health Network / McMicken Integrated Care Clinic - Healthcare for the homeless 40 E McMicken Ave 2nd floor, Cincinnati, OH 45202 (513) 386-7899 - cincinnatihealthnetwork.org/index.php?page=programs-services	Warmline - Peer operated call in service for assistance in recovery from mental health issues (513) 931-9276 - cincywarmline.org/
Health Resource Center - Provides affordable health care for low-income, indigent, and homeless adults 2347 Vine Street, Cincinnati, OH 45221 (513) 357-4602 - hrcci.org	First Step Home - Addiction recovery for women 2203 Fulton Ave, Cincinnati, OH 45206 (513) 961-4663 - firststephome.org/get-help-now

Resources

<p>Charlie's 3/4 House - Affordable transitional housing for alcoholics 2121 Vine St., Cincinnati, OH 45202 (513) 784-1853 - charlies3-4.org</p>	<p>Prospect House - Addiction treatment center 682 Hawthorne Avenue, Cincinnati, OH 45205 (513) 921-1613 - theprospecthouse.org</p>
<p>Cincy Smiles - Discounted dental care 5310 Rapid Run Rd Suite 101, Cincinnati, OH 45238 (513) 763-2200 - cincysmiles.org</p>	<p>US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline (877) 424-3838 - va.gov/homeless</p>
<p>National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress (800) 273-8255 - SuicidePreventionLifeline.org</p>	<p>National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence (800) 799-7233 - TheHotline.org</p>
<p>National Runaway Safeline - 24/7 crisis line for runaway and homeless youth (800) 786-2929 - 1800runaway.org</p>	<p>National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking (888) 373-7888 - HumanTraffickingHotline.org</p>
<p>Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals. SafeLinkWireless.com AssuranceWireless.com</p>	<p>FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness (800) 662-4357 - FindTreatment.gov/</p>
<p>FreeDentalCare.us - Directory of free and low cost dental clinics FreeDentalCare.us/</p>	

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided. HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.