

Access Points - Entry points to find and access local resources.

211 WNY - Call for referrals for homeless shelters, food, health, employment services, and more.
call 211 - 211wny.org

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

South Buffalo Community Table
187 Southside Pkwy, Buffalo, NY 14220
(716) 822-3193 - sbcommunitytable.com
Meals
Mon - Thur 4pm - 5pm

Matt Urban Center
385 Paderewski Drive, Buffalo, NY 14212
(716) 893-7222 - urbanctr.org
Meals
Mon - Fri 2pm - 5pm

The Genesis Center
2161 Seneca Street, Buffalo, NY 14210
(716) 822-1901 - thegenesiscenter.us

<u>Dinner</u> Mon/Wed/Fri 4pm - 6pm	<u>Lunch</u> Sat 10:30am - 12:30pm	<u>Food Pantry</u> Thurs 9:30am - 12:30pm, 5pm - 6pm
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Big Big Table
272 Hudson Street, Buffalo, NY 14201
(716) 381-8954 - bigbigtable.org
Pay as you can lunch
Mon-Fri 11am - 2:30pm

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Friends of Night People

394 Hudson Street, Buffalo, NY 14201

(716) 884-5375 - friendsofnightpeople.com

Breakfast

Mon-Fri 9am - 11am

Dinner

Every Day 5pm - 7pm

Medical Care

1st and 3rd Tues,
5pm - 7pm

Gerard Place

2515 Bailey Avenue, Buffalo, NY 14215

(716) 897-9948 - gerardplace.org/services/food-distribution

Meals

Mon / Wed 3:30pm - 5:30pm

Food Pantry

Mon / Wed 3:30pm - 5:30pm, Fri
10am - 11:30am

Society of St. Vincent de Paul

1298 Main Street, Buffalo, NY 14209

(716) 882-3360 ext: 5 - svdpwny.org/dining-room

Meals

M/T/W/F/Sa 11am - noon

FoodPantries.org - A directory to find food pantries near you.

foodpantries.org/

Emergency Shelters

Buffalo City Mission - Serves: Men

100 E. Tupper St, Buffalo, NY 14203

(716) 854-8181 ext: 432 - buffalocitymission.org/what-we-do/get-help-now

Meals

every day, 8:30am, 11:30am,
4pm

Food Pantry

Tues / Thur noon - 3pm

Cornerstone Manor - Serves: Women, Women w/ Children

150 E North St, Buffalo, NY 14203

(716) 854-8181 ext: 111 - buffalocitymission.org/what-we-do/get-help-now

Emergency Shelters

Little Portion Friary - Serves: Men, Women
1305 Main Street, Buffalo, NY 14209
(716) 882-5705 - littleportionfriary.com

Niagra Gospel Mission - Serves: Men
1317 Portage Rd, Niagara Falls, NY 14302
(716) 205-8805 - niagaragospelmission.org

Lockport Cares - Serves: Men, Women, Families with Children
188-192 Genesee Street, Lockport, NY 14094
(716) 939-0926 - lockportcares.org

Resources

US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline
(877) 424-3838 - va.gov/homeless

National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress
(800) 273-8255 - SuicidePreventionLifeline.org

National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence
(800) 799-7233 - TheHotline.org

National Runaway Safeline - 24/7 crisis line for runaway and homeless youth
(800) 786-2929 - 1800runaway.org

National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking
(888) 373-7888 - HumanTraffickingHotline.org

Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals.
SafeLinkWireless.com
AssuranceWireless.com

FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness
(800) 662-4357 - FindTreatment.gov/

Resources

FreeDentalCare.us - Directory of free and low cost dental clinics
[FreeDentalCare.us/](https://www.freedentalcare.us/)

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided.

HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.