

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources.
call 211 - 211.org

Coordinated Entry
call 311 - cabq.gov/health-housing-homelessness/transparency/help-with-housing-or-services

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

HopeWorks - Day shelter, clothing
1201 3rd St NW, Albuquerque, NM 87102
(505) 843-9405 - hopeworksnm.org/get-help

Coffee & meal checkin
Mon-Fri 8am-10am

Lunch
Mon-Fri 10am-noon

Good Shepherd Center
218 Iron Avenue SW, Albuquerque, NM 87102
(505) 243-2527 - gscnm.org/services

Meal
Mon/Tue/Wed/Fri 2pm, Sat
11:30am

Clothing
Mon/Tue/Wed/Fri 9am-11am

The Rock at Noonday - Also provides showers, clothing, hair cuts
2400 2nd St NW, Albuquerque, NM 87102
(505) 246-8001 - therockabq.com

Breakfast
Tue-Fri 8:30am-9am

Lunch
Tue-Fri 11am-11:30am

God's Warehouse
8011 Central Ave NE, Albuquerque, NM 87108
(505) 266-2535 - godswarehouses.org

Dinner
Tue/Fri 3pm-6pm

Clothing
Tuesday 3pm-6pm

Food Boxes
3rd Friday 11am-1pm

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

All Nations Wellness & Healing Center

6416 Zuni Rd SE, Albuquerque, NM 87108

(505) 717-2704 - fnch.org/services/all-nation-wellness-and-healing-center

Breakfast

Mon-Fri 8am-9:30am

Lunch

Mon-Fri noon-1:30pm

Mission ABQ

8216 Central Ave SE, Albuquerque, NM 87108

missionabq.org/resource-center

Breakfast

Sunday 8am

Dinner

Thursday 4:30pm

Food Boxes

Tuesday 11am

Joy Junction - Day shelter

4500 2nd St. SW, Albuquerque, NM 87105

(505) 877-6967 - joyjunction.org/day-shelter-program

Lunch

Every day noon

Dinner

Every day 5pm

FoodPantries.org - A directory to find food pantries near you.

foodpantries.org/

Emergency Shelters

Gateway West - Serves: Men, Women

7440 Jim McDowell NW, Albuquerque, NM 87121

(505) 839-9193 - cabq.gov/health-housing-homelessness/gateway-system-of-care/gateway-west

Housing Navigation Center at Gateway - Serves: Women

5400 Gibson Blvd SE, Albuquerque, NM 87108

(505) 537-8588 - cabq.gov/health-housing-homelessness/gateway-system-of-care/gateway-center

Barret Foundation - Serves: Women, Women w/ Children

10300 Constitution Ave. NE, Albuquerque, NM 87112

(505) 243-4887 - barrettfoundation.org

Casa Q - Shelter for LGBTQ+ youth

(505) 872-2099 - casaq.org

Emergency Shelters

New Day Youth and Family Services - Serves: Youth
2820 Ridgcrest SE, Albuquerque, NM 87108
(505) 938-1060 - ndnm.org/safe-home.html

Good Shepherd Center - Serves: Men
218 Iron Avenue SW, Albuquerque, NM 87102
(505) 243-2527 - gscnm.org

Heading Home - No walk ins, call ahead for referral. - Serves: Men
715 Candelaria NE, Albuquerque, NM 87107
(505) 344-4340 - headinghome.org/get-help/#shelter-respite

Joy Junction - Serves: Men, Women
4500 2nd St. SW, Albuquerque, NM 87105
(505) 877-6967 - joyjunction.org/homeless-shelter

SAFE House - Shelter for survivors of domestic violence
(505) 247-4219 - safehousenm.org

Resources

Health Care for the Homeless
1217 1st NW, Albuquerque, NM 87102
(505) 766-5197 - abqhch.org

First Nations Community Healthsource
6416 Zuni SE, Albuquerque, NM 87108
(505) 262-2481 - fnch.org/services/homeless-outreach-program

US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline
(877) 424-3838 - va.gov/homeless

National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress
(800) 273-8255 - SuicidePreventionLifeline.org

National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence
(800) 799-7233 - TheHotline.org

National Runaway Safeline - 24/7 crisis line for runaway and homeless youth
(800) 786-2929 - 1800runaway.org

Resources

National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking
(888) 373-7888 - [HumanTraffickingHotline.org](https://www.humantraffickinghotline.org)

Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals.
[SafeLinkWireless.com](https://www.safelinkwireless.com)
[AssuranceWireless.com](https://www.assurancewireless.com)

FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness
(800) 662-4357 - [FindTreatment.gov/](https://www.findtreatment.gov/)

FreeDentalCare.us - Directory of free and low cost dental clinics
[FreeDentalCare.us/](https://www.freedentalcare.us/)

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided.

HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.