

Access Points - Entry points to find and access local resources.

<p>2-1-1 Maryland - 24/7 phone line to help you find local resources you need. call 211 - 211md.org</p>	<p>Homeless Shelter Directory - A directory to find homeless shelters and free food resources near you. HomelessShelterDirectory.org</p>
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Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

<p>FoodPantries.org - A directory to find food pantries near you. foodpantries.org/</p>	
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Resources

<p>US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline (877) 424-3838 - va.gov/homeless</p>	<p>National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress (800) 273-8255 - SuicidePreventionLifeline.org</p>
<p>National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence (800) 799-7233 - TheHotline.org</p>	<p>National Runaway Safeline - 24/7 crisis line for runaway and homeless youth (800) 786-2929 - 1800runaway.org</p>
<p>National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking (888) 373-7888 - HumanTraffickingHotline.org</p>	<p>Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals. SafeLinkWireless.com AssuranceWireless.com</p>
<p>FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness (800) 662-4357 - FindTreatment.gov/</p>	<p>FreeDentalCare.us - Directory of free and low cost dental clinics FreeDentalCare.us/</p>

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided. HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.