

**Access Points** - Entry points to find and access local resources.

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| <p><b>Mass 211</b> - Call for help to find local resources you need.<br/>call 211 - <a href="http://mass211.org">mass211.org</a></p> | <p><b>Office of Housing Stability</b> - Call if you are at immediate risk of becoming homeless. Mon - Fri 9am - 5pm<br/>(617) 635-4200 - <a href="http://boston.gov/departments/housing/services-those-experiencing-homeless">boston.gov/departments/housing/services-those-experiencing-homeless</a></p> |
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**Basic Needs** - Basic needs such as food pantries, meals, showers, or clothing.

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| <p><b>St. Francis House</b> - Also provides clothing, medical care, mailroom, art therapy<br/>39 Boylston Street, Boston, MA 02116<br/>(617) 542-4211 - <a href="http://stfranchishouse.org">stfranchishouse.org</a></p> <table border="1"> <tr> <td><u>Breakfast</u><br/>every day 7:30am - 9am</td> <td><u>Lunch</u><br/>every day 11:30am - 1pm</td> <td><u>Showers</u><br/>Mon-Fri 7am-10:40am,<br/>Sat/Sun 8am-2pm</td> </tr> </table> | <u>Breakfast</u><br>every day 7:30am - 9am  | <u>Lunch</u><br>every day 11:30am - 1pm                   | <u>Showers</u><br>Mon-Fri 7am-10:40am,<br>Sat/Sun 8am-2pm   | <p><b>Haley House</b> - Also provides food pantry<br/>23 Dartmouth Street, Boston, MA 02116<br/>(617) 236-8132 - <a href="http://haleyhouse.org">haleyhouse.org</a></p> <table border="1"> <tr> <td><u>Breakfast</u><br/>Tue-Fri 8am-9:30am</td> <td><u>Lunch</u><br/>Sunday 2pm-3pm</td> <td><u>Clothing</u><br/>Tue 6am-9:30am</td> </tr> </table> | <u>Breakfast</u><br>Tue-Fri 8am-9:30am | <u>Lunch</u><br>Sunday 2pm-3pm | <u>Clothing</u><br>Tue 6am-9:30am |
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| <p><b>Rosie's Place</b> - Serves: Women<br/>889 Harrison Avenue, Boston, MA 02128<br/>(617) 442-9322 - <a href="http://rosiesplace.org">rosiesplace.org</a></p> <table border="1"> <tr> <td><u>Weekday Meals</u><br/>7:30am-9am,<br/>11:30am-1pm,<br/>4:30pm-6:45pm</td> <td><u>Weekend Meals</u><br/>10:30am-noon,<br/>3pm-4:30pm</td> <td><u>Food Pantry</u><br/>Mon-Fri 9am-4pm</td> </tr> </table>                                      | <u>Weekday Meals</u><br>7:30am-9am,<br>11:30am-1pm,<br>4:30pm-6:45pm  | <u>Weekend Meals</u><br>10:30am-noon,<br>3pm-4:30pm       | <u>Food Pantry</u><br>Mon-Fri 9am-4pm   | <p><b>Women's Lunch Place</b> - Serves: Women<br/>67 Newbury Street, Boston, MA 02116<br/>(617) 267-0200 - <a href="http://womenslunchplace.org">womenslunchplace.org</a></p> <p><u>Meals</u><br/>Mon-Sat 7am-2pm</p>  |  |                                |                                   |
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| <p><b>Friday Night Supper</b><br/>351 Boylston Street, Boston, MA 02116<br/>(617) 221-6402 - <a href="http://fridaynightsupper.org/be-our-guest">fridaynightsupper.org/be-our-guest</a></p> <table border="1"> <tr> <td><u>Hot Meal</u><br/>Fri 5pm-7pm</td> <td><u>Clothing Closet</u><br/>2nd and 4th Fri</td> </tr> </table>   | <u>Hot Meal</u><br>Fri 5pm-7pm  | <u>Clothing Closet</u><br>2nd and 4th Fri                 | <p><b>East Boston Community Soup Kitchen</b><br/>28 Paris St, Boston, MA 02128<br/><a href="http://ebcsk.org">ebcsk.org</a></p> <p><u>Food Bags</u><br/>Tue 9am</p> |  |  |                                |                                   |
| <u>Hot Meal</u><br>Fri 5pm-7pm  | <u>Clothing Closet</u><br>2nd and 4th Fri   |   |   |  |  |                                |                                   |
| <p><b>ABCD</b> - Operates 5 local food pantries<br/>(617) 348-6000 - <a href="http://bostonabcd.org/service/food-accesscenters">bostonabcd.org/service/food-accesscenters</a></p>   | <p><b>FoodPantries.org</b> - A directory to find food pantries near you.<br/><a href="http://foodpantries.org/">foodpantries.org/</a></p> |   |   |  |  |                                |                                   |

**Emergency Shelters**

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| <p><b>Southampton Shelter</b> - Serves: Men<br/>112 Southampton Street, Boston, MA 02118<br/>(617) 534-5395 - <a href="http://boston.gov/government/cabinets/boston-public-health-commission/homeless-services/emergency-shelter">boston.gov/government/cabinets/boston-public-health-commission/homeless-services/emergency-shelter</a></p> | <p><b>Woods Mullen Shelter</b> - Serves: Women<br/>794 Massachusetts Ave, Boston, MA 02118<br/>(617) 534-7100 - <a href="http://boston.gov/government/cabinets/boston-public-health-commission/homeless-services/emergency-shelter">boston.gov/government/cabinets/boston-public-health-commission/homeless-services/emergency-shelter</a></p> |
| <p><b>Pine Street Inn</b> - Call for triage - Serves: Men, Women<br/>444 Harrison Ave, Boston, MA 02118<br/>(617) 892-9228 - <a href="http://pinestreetinn.org/about-us/find-help-guest">pinestreetinn.org/about-us/find-help-guest</a></p>  | <p><b>New England Center and Home for Veterans</b> - Serves: Veterans<br/>17 Court St, Boston, MA 02108<br/>(617) 371-1800 - <a href="http://nechv.org">nechv.org</a></p>  |
| <p><b>Bridge Over Troubled Waters</b> - Serves: Ages 14 to 24<br/>47 West Street, Boston, MA 02111<br/>(617) 423-9575 - <a href="http://bridgeotw.org/gethelp">bridgeotw.org/gethelp</a></p>   | <p><b>Massachusetts Emergency Family Shelter</b> - Serves: Families with Children<br/>(866) 584-0653 - <a href="http://mass.gov/how-to/find-emergency-family-shelter">mass.gov/how-to/find-emergency-family-shelter</a></p>  |
| <p><b>Boston Rescue Mission</b> - Serves: Men<br/>39 Kingston St, Boston, MA 02111<br/>(617) 338-9000 - <a href="http://brm.org">brm.org</a></p>   |  |

**Resources**

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| <p><b>Boston Health Care for the Homeless</b><br/>780 Albany Street, Boston, MA 02118<br/>(857) 654-1600 - <a href="http://bhchp.org/patients">bhchp.org/patients</a></p> | <p><b>Boston Night Center</b> - Overnight drop-in shelter. No beds.<br/>8:30pm - 6:30 am - Serves: Men, Women<br/>31 Bowker St., Boston, MA 02114<br/>(857) 296-0322 - <a href="http://baycovehumanservices.org/homeless-services">baycovehumanservices.org/homeless-services</a></p> |
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## Resources

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| <b>US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline</b><br>(877) 424-3838 - <a href="http://va.gov/homeless">va.gov/homeless</a>  | <b>National Suicide Prevention Lifeline</b> - Provides 24/7, free and confidential support for people in distress<br>(800) 273-8255 - <a href="http://SuicidePreventionLifeline.org">SuicidePreventionLifeline.org</a>  |
| <b>National Domestic Violence Hotline</b> - 24-hour confidential service for survivors, victims and those affected by domestic violence<br>(800) 799-7233 - <a href="http://TheHotline.org">TheHotline.org</a> | <b>National Runaway Safeline</b> - 24/7 crisis line for runaway and homeless youth<br>(800) 786-2929 - <a href="http://1800runaway.org">1800runaway.org</a>   |
| <b>National Human Trafficking Hotline</b> - Call if you or someone you know is a victim of human trafficking<br>(888) 373-7888 - <a href="http://HumanTraffickingHotline.org">HumanTraffickingHotline.org</a>  | <b>Free Mobile Phone Service</b> - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals.<br><a href="http://SafeLinkWireless.com">SafeLinkWireless.com</a><br><a href="http://AssuranceWireless.com">AssuranceWireless.com</a> |
| <b>FindTreatment.gov</b> - Directory of providers treating substance use disorders, addiction, and mental illness<br>(800) 662-4357 - <a href="http://FindTreatment.gov/">FindTreatment.gov/</a>               | <b>FreeDentalCare.us</b> - Directory of free and low cost dental clinics<br><a href="http://FreeDentalCare.us/">FreeDentalCare.us/</a>  |

Available services can change often. Please email [support@HelpSheets.org](mailto:support@HelpSheets.org) with any updates to the information provided. HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.