

Access Points - Entry points to find and access local resources.

Mass 211 - Call for help to find local resources you need.
call 211 - mass211.org

Office of Housing Stability - Call if you are at immediate risk of becoming homeless. Mon - Fri 9am - 5pm
(617) 635-4200 - boston.gov/departments/housing/services-those-experiencing-homeless

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

St. Francis House - Also provides clothing, medical care, mailroom, art therapy
39 Boylston Street, Boston, MA 02116
(617) 542-4211 - stfranchishouse.org

Breakfast
every day 7:30am - 9am

Lunch
every day 11:30am - 1pm

Showers
Mon-Fri
7am-10:40am, Sat/
Sun 8am-2pm

Haley House - Also provides food pantry
23 Dartmouth Street, Boston, MA 02116
(617) 236-8132 - haleyhouse.org

Breakfast
Tue-Fri 8am-9:30am

Lunch
Sunday 2pm-3pm

Clothing
Tue 6am-9:30am

Rosie's Place - Serves: Women
889 Harrison Avenue, Boston, MA 02128
(617) 442-9322 - rosiesplace.org

Weekday Meals
7:30am-9am,
11:30am-1pm,
4:30pm-6:45pm

Weekend Meals
10:30am-noon,
3pm-4:30pm

Food Pantry
Mon-Fri 9am-4pm

Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Women's Lunch Place - Serves: Women

67 Newbury Street, Boston, MA 02116

(617) 267-0200 - womenslunchplace.org

Meals

Mon-Sat 7am-2pm

Friday Night Supper

351 Boylston Street, Boston, MA 02116

(617) 221-6402 - fridaynightsupper.org/be-our-guest

Hot Meal

Fri 5pm-7pm

Clothing Closet

2nd and 4th Fri

East Boston Community Soup Kitchen

28 Paris St, Boston, MA 02128

ebcsk.org

Food Bags

Tue 9am

ABCD - Operates 5 local food pantries

(617) 348-6000 - bostonabcd.org/service/food-accesscenters

FoodPantries.org - A directory to find food pantries near you.

foodpantries.org/

Emergency Shelters

Southampton Shelter - Serves: Men

112 Southampton Street, Boston, MA 02118

(617) 534-5395 - boston.gov/government/cabinets/boston-public-health-commission/homeless-services/emergency-shelter

Woods Mullen Shelter - Serves: Women

794 Massachusetts Ave, Boston, MA 02118

(617) 534-7100 - boston.gov/government/cabinets/boston-public-health-commission/homeless-services/emergency-shelter

Pine Street Inn - Call for triage - Serves: Men, Women

444 Harrison Ave, Boston, MA 02118

(617) 892-9228 - pinestreetinn.org/about-us/find-help-guest

Emergency Shelters

New England Center and Home for Veterans - Serves: Veterans
17 Court St, Boston, MA 02108
(617) 371-1800 - nechv.org

Bridge Over Troubled Waters - Serves: Ages 14 to 24
47 West Street, Boston, MA 02111
(617) 423-9575 - bridgeotw.org/gethelp

Massachusetts Emergency Family Shelter - Serves: Families with Children
(866) 584-0653 - mass.gov/how-to/find-emergency-family-shelter

Boston Rescue Mission - Serves: Men
39 Kingston St, Boston, MA 02111
(617) 338-9000 - brm.org

Resources

Boston Health Care for the Homeless
780 Albany Street, Boston, MA 02118
(857) 654-1600 - bhchp.org/patients

Boston Night Center - Overnight drop-in shelter. No beds. 8:30pm - 6:30 am - Serves: Men, Women
31 Bowker St., Boston, MA 02114
(857) 296-0322 - baycovehumanservices.org/homeless-services

US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline
(877) 424-3838 - va.gov/homeless

National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress
(800) 273-8255 - SuicidePreventionLifeline.org

National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence
(800) 799-7233 - TheHotline.org

National Runaway Safeline - 24/7 crisis line for runaway and homeless youth
(800) 786-2929 - 1800runaway.org

Resources

National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking
(888) 373-7888 - [HumanTraffickingHotline.org](https://www.humantraffickinghotline.org)

Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals.
[SafeLinkWireless.com](https://www.SafeLinkWireless.com)
[AssuranceWireless.com](https://www.AssuranceWireless.com)

FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness
(800) 662-4357 - [FindTreatment.gov/](https://www.findtreatment.gov/)

FreeDentalCare.us - Directory of free and low cost dental clinics
[FreeDentalCare.us/](https://www.FreeDentalCare.us/)

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided.

HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.