

Access Points - Entry points to find and access local resources.

211 - Phone line to connect to local resources. call 211 - 211.org	Florida Domestic Violence Hotline (800) 500-1119
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Basic Needs - Basic needs such as food pantries, meals, showers, or clothing.

Trinity Cafe Nebraska 2801 N. Nebraska Ave., Tampa, FL 33602 (813) 254-1190 - feedingtampabay.org/ways-we-serve/trinity-cafe <u>Meals</u> Mon-Fri 11:30am-12:30pm, Sat/Sun 9am-10am	Trinity Cafe at Feeding Pinellas 6330 54th Ave N., St. Petersburg, FL 33709 (813) 254-1190 - feedingtampabay.org/ways-we-serve/trinity-cafe <table><tr><td><u>Meals</u> Mon-Fri 11:30am-12:30pm</td><td><u>Food Pantry</u> Tue/Thur/Fri 1:30pm-4:30pm</td></tr></table>	<u>Meals</u> Mon-Fri 11:30am-12:30pm	<u>Food Pantry</u> Tue/Thur/Fri 1:30pm-4:30pm
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The Bistro at Causeway Center 3624 Causeway Blvd, Tampa, FL 33619 (813) 254-1190 - feedingtampabay.org/ways-we-serve/trinity-cafe <u>Meals</u> Mon/Wed 11am-2pm	Metropolitan Ministries Metro Market - Also provide meals in multiple locations, see website for details 2301 N Tampa St, Tampa, FL 33602 (813) 209-1200 - metromin.org/get-help <u>Groceries</u> Mon-Fri 9am-5pm		
Beaming Hope Church 11000 110TH Ave N, Largo, FL 33778 (727) 216-3364 - beaminghope.org <u>Groceries</u> Tue 11:30am-12:30pm	Clearview UMC 4515 38th Ave N, St. Petersburg, FL 33713 (727) 522-4673 - clearviewumc.org/food <u>Free Food</u> Sat 8:15am-noon		
Daystar Life Center - Food Pantry, Clothing Closet, Rent/Utility Assistance 1055 28th Street South, St. Petersburg, FL 33712 (727) 825-0442 - daystarlife.org	Hope Villiages of America 700 Druid Road, Clearwater, FL 33756 (727) 443-4031 - hopevillagesofamerica.org/help/#food <u>Food Pantry</u> Mon-Fri 12:30pm-3:30pm		
Wesley UMC 301 37th Avenue North, St. Petersburg, FL 33704 (727) 896-4797 - wesleystpete.org/food-pantry-thrift-store-aa-more <u>Food Pantry</u> Mon/Wed/Fri 9am-noon	St. Vincent de Paul Community Kitchen 1345 Park Street, Clearwater, FL 33756 (727) 441-3790 - clearwatersvdp.org/kitchen		
Feeding Tampa Bay (813) 254-1190 - feedingtampabay.org	FoodPantries.org - A directory to find food pantries near you. foodpantries.org/		
Farm Share - Food Bank (305) 246-3276 - farmshare.org			

Emergency Shelters

Catholic Charities Tampa Hope - Serves: Men, Women 3704 E. 3rd Avenue, Tampa, FL 33605 (813) 394-2881 - ccdosp.org/tampa-hope	The Spring - Shelter for survivors of domestic violence and their children (813) 247-7233 - thespring.org/get-help/shelter
The Community Housing Solutions Center - Serves: Men, Women 3630 N. 50th Street, Tampa, FL 33619 (813) 621-8781 - covebh.org/community-housing-solutions-center	Metropolitan Ministries - Serves: Women, Families with Children 2002 N. Florida Ave, Tampa, FL 33602 (813) 209-1000 - metromin.org/get-help
Salvation Army 1514 N. Florida Avenue, Tampa, FL 33602 (813) 549-0641 - southernusa.salvationarmy.org/florida	St. Vincent de Paul CARE Center 401 15th St N, St. Petersburg, FL 33705 (727) 954-8676 - svdpsp.org/programs/homeless-services/care-center
Dawning Family Services - Serves: Families with Children 6718 N Armenia Ave, Tampa, FL 33604 (813) 875-2024 - dawningfamilyservices.org/get-help	

Resources

Operation PAR - Substance abuse recovery 6150 150th Ave N, Clearwater, FL 33760 (727) 524-4311 - operationpar.org	Pinellas Ex-offender Re-entry Coalition - Job, housing, and education assistance for ex-offenders 12810 US HWY 19 N Suite 1, Clearwater, FL 33764 (855) 505-7372 - exoffender.org
Gulf Coast Jewish Family and Community Services - affordable housing, rent and utility assistance, and more 14041 Icot Boulevard, Clearwater, FL 33760 (727) 479-1800 - gulfcoastjfccs.org	Reach St. Pete - Limited utility and rent assistance (727) 275-8655 - reachstpete.org/get-help
US Department of Veterans Affairs - 24/7 Homeless Call Center Hotline (877) 424-3838 - va.gov/homeless	National Suicide Prevention Lifeline - Provides 24/7, free and confidential support for people in distress (800) 273-8255 - SuicidePreventionLifeline.org
National Domestic Violence Hotline - 24-hour confidential service for survivors, victims and those affected by domestic violence (800) 799-7233 - TheHotline.org	National Runaway Safeline - 24/7 crisis line for runaway and homeless youth (800) 786-2929 - 1800runaway.org
National Human Trafficking Hotline - Call if you or someone you know is a victim of human trafficking (888) 373-7888 - HumanTraffickingHotline.org	Free Mobile Phone Service - The FCC's Lifeline program provides free mobile phone service for qualifying low income individuals. SafeLinkWireless.com AssuranceWireless.com
FindTreatment.gov - Directory of providers treating substance use disorders, addiction, and mental illness (800) 662-4357 - FindTreatment.gov/	FreeDentalCare.us - Directory of free and low cost dental clinics FreeDentalCare.us/

Available services can change often. Please email support@HelpSheets.org with any updates to the information provided. HelpSheets.org does not manage any of the organizations listed, please contact each agency for details.